

DIGDEEPER

May 21, 2016

Anchored to the Truth by Dr. Richard Rogers

Ephesians 6:14 ([Listen Online](#))

THE BIG IDEA

Life is a battle, and the enemy is relentless. He uses the culture, personal circumstances, and relationships with others to deceive and disarm us. If we are going to stand firm in the fight, we must dress ourselves by putting on the belt of truth. Everything must be anchored to the truth as it is revealed in God's Word. This is the only way we know which way is up and what we should be about in this life.

START A CONVERSATION (Use this to begin a Conversation that Matters with your kids, co-workers, spouse, or someone in line at the grocery store. Then, [tell us about it.](#))

- Why do Christians read the Bible?

SOME THINGS TO THINK ABOUT

- What are some of the core truths you've built your life on? Where did those come from?
- Where (or to whom) do you turn when something confuses, frustrates, or puzzles you?
- Where in the gospels do we see Jesus applying the truth of Scripture to his daily life?
- How has the Bible changed the way you see the world and the people in it?
- What truth have you learned about God that those around you need to hear?

GO DEEPER

- We have no life outside of the Word of God. It is the window that reveals truth to us and allows us to meet with God personally. [God wrote a book.](#) We must run to it. [DesiringGod.org/run](#) provides great tools for getting started.
- Kevin DeYoung takes time to help us [understand the Christian doctrine of Scripture](#) in both its authority over us and its gift to us.
- Truth can be a tricky word to really define and explain. This adaptation of a work by John MacArthur provides [a clear definition of truth](#) and unpacks the idea that you can't explain truth without referencing God.
- Afshin Ziafat helps us see the firm hope we have in the fact that [Jesus is the truth.](#)
- We must learn how to apply the truth of Scripture to our daily lives in through a Christian worldview. Dr. Albert Mohler's daily podcast [The Briefing](#) is a great place to begin.

LIVE IN LOVE THIS WEEK

God has given you the Bible. It's the revelation of himself to you. Don't ignore him by ignoring it this week. Set aside time to meet with him each day and receive the truth of who he is and who we are in him. Love God and others by spending serious time in the Scriptures.